

COURSE OVERVIEW

| Content | Duration |
|---|------------------------|
| Module 1 Policy and Health System | 15 hours |
| 1.1 Overview and course objective Introduction to mental health | 0.5 hours |
| 1.2 Introduction to mental health | 1.5 hours |
| 1.3 Mental health policy and plan: at global and regional | 1 hours |
| 1.4 Health system, public health framework, mental health, and psychiatric service system | 3 hours |
| 1.5 Mental Health Legislation: Human Rights; patient, family members, caregivers, and society Mental Health Acts and relevant laws | 2 hours 2 hours |
| 1.6 Mental health policy and plan: Strategies for mental health promotion and prevention in mental health | 2 hours |
| 1.7 Mental Health in Crisis Strategies and Frameworks at the Global Level Implementations and practices in Thailand | 1.5 hours 1.5 hours |

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|---|-------------------------------|
| Module 2 Mental health problems and psychiatric diseases | 33 hours |
| 2.1 Common mental disorders in childhood and adolescence | 3 hours |
| 2.2 Common mental disorders in adult Anxiety, Mood Disorder Suicide Prevention: Strategies and Frameworks at the Global Level Suicide Prevention-Implementations and practices in Thailand | 2 hours 1 hours 2 hours |
| 2.3 Severe Mental Disorders (Alcohol and Substance Abuse, Psychoses) | 3 hours |
| 2.4 Psychiatric drugs | 2 hours |
| 2.5 History taking and mental examination and psychosocial assessment | 2 hours |
| 2.6 Mental health tools; screening and assessment of psychiatric symptoms | 3 hours |
| 2.7 Therapeutic relationship and communication | 2 hours |
| 2.8 Environmental arrangements for treatment | 2 hours |
| 2.9 Psycho education and symptom management | 2 hours |
| 2.10 Counseling | 2 hours |
| 2.11 Motivation interviewing | 2 hours |
| 2.12 Child development program | 2 hours |
| 2.13 Mental health and psychosocial supports (MHPSS) | 3 hours |

| Content | Duration |
|---|----------------|
| Module 3 Mental Health Information system and technologies | 8 hours |
| 3.1 Epidemiology of mental health | 2 hours |
| 3.2 Mental health information system | 2 hours |
| 3.3 Mental health Atlas | 1 hours |
| 3.4 Mental Health Care in Digital Technology Era | 3 hours |

| Content | Duration |
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| Module 4 Community Mental Health | 10 hours |
| 4.1 Mental health and community psychiatric practices | 2 hours |
| 4.2 Concepts of rehabilitation of psychiatric patients in the community | 2 hours |
| 4.3 Concepts of continuing care and referral system for psychiatric patients | 2 hours |
| 4.4 Deinstitutionalization | 2 hours |
| 4.5 Mental health network development | 2 hours |

| Content | Hours |
|--|-----------------|
| Module 5 Study visit Mental Health and Psychiatric Services | 12 hours |
| 5.1 Study visit psychiatric service in the psychiatric hospital | 6 hours |
| 5.2 Study visit child and adolescent mental health service | 6 hours |

| Content | Hours |
|--|----------------|
| Module 6 Study visit to mental health services in the community | 8 hours |
| 6.1 Study visit to mental health services in the community | 6 hours |
| 6.2 Empowering minds together | 2 hours |